

FEPSAC

17TH CONGRESS 2024

PERFORMANCE UNDER PRESSURE
IN SPORTS, MILITARY/POLICE,
PERFORMING ARTS, MEDICINE,
BUSINESS AND DAILY LIFE

WWW.FEPSAC2024.EU



PROGRAMME
BOOK

15/07 - 19/07/24
CONGRESS INNSBRUCK

WWW.FEPSAC2024.EU

Hosted by



MENTAL EXCELLENCE



Berufsverband Österreichischer
Psychologinnen | BÖP



FEPSAC
European Federation of Sport Psychology



LAND
TIROL

Mobile Solutions for your Sports Research



Compact & portable EEG amplifier

- ✓ 8 - 64 channels
- ✓ Integrated 3-axis accelerometer
- ✓ Option to add EMG, ECG, EOG, respiration and more

Electrode options

- ✓ active gel
- ✓ active dry
- ✓ passive gel
- ✓ passive sponge

Easy to combine with

- ✓ Eye Tracking
- ✓ fNIRS

Curious to learn more?
Stop by our booth or
visit www.brainproducts.com



THE FUTURE OF PERFORMANCE OPTIMIZATION

Virtual Reality based Assessments for Peak Performance

Neo Auvra®'s ecologically valid VR-based platform provides an **objective and accurate assessment of an individual's multi-dimensional skills**. The platform enables precise actionable guidance targeting brain health and performance by integrating **cognitive, socio-emotional, and physical factors**.

Neo Auvra®'s state-of-the-art assessment platform addresses current and immediate needs. It is a crucial tool in **enhancing human performance to develop mentally, physically, and socio-emotionally resilient teams, tactical athletes, and professionals in various fields**.

MULTIMODAL APPROACH



Cognitive



Socio-Emotional



Physical

- Non-invasive
- Ecologically Valid
- Clinically Validated
- Objective & Accurate
- Immersive & Engaging
- Customizable
- FDA registered

www.neoauvra.com

neo@neoauvra.com



CONGRESS OVERVIEW

Time	Info	Monday July 15	Tuesday July 16	Wednesday July 17	Thursday July 18	Friday July 19	Time
07.30 – 08.00	R						07.30 – 08.00
08.00 – 08.30	E						08.00 – 08.30
08.30 – 09.00	G		KEYNOTE	KEYNOTE	KEYNOTE	KEYNOTE	08.30 – 09.00
09.00 – 09.30	S		Cecilie Thøgersen-Ntoumani	Stiliani “Ani” Chroni	Duarte Araújo	Mia Stellberg	09.00 – 09.30
09.30 – 10.00	T	Parallel Sessions	Poster Session & FEPSAC	Poster Session	Poster Session	Poster Session	09.30 – 10.00
10.00 – 10.30	R	Parallel Precongress	Group Picture				10.00 – 10.30
10.30 – 11.00	A	workshops	Break	Break	Break	Break	10.30 – 11.00
11.00 – 11.30	T	FEPSAC Managing Council	Parallel Sessions	Parallel Sessions	Parallel Sessions	Parallel Sessions	11.00 – 11.30
11.30 – 12.00	I	(closed) Meeting			Young Researcher Award		11.30 – 12.00
12.00 – 12.30	O						12.00 – 12.30
12.30 – 01.00	N	Break	Break*	Break*	Break*	Break*	12.30 – 01.00
01.00 – 01.30	A						01.00 – 01.30
01.30 – 02.00	L	Parallel Sessions	Parallel Sessions	Parallel Sessions	Parallel Sessions	Parallel Sessions	01.30 – 02.00
02.00 – 02.30	L						02.00 – 02.30
02.30 – 03.00							02.30 – 03.00
03.00 – 03.40	D	Break	Break	Break	Break		03.00 – 03.40
03.40 – 04.10	A	Parallel Sessions	Parallel Sessions	Parallel Sessions		Break	03.40 – 04.10
04.10 – 04.30	Y						04.10 – 04.30
04.30 – 05.10	S	Break	Break	Break			04.30 – 05.10
05.10 – 05.30							05.10 – 05.30
05.30 – 06.00			FEPSAC General Assembly			KEYNOTE	05.30 – 06.00
06.00 – 06.30			and Ema Geron Award			Kristoffer Henriksen	06.00 – 06.45
						AWARDS	
06.30 – 07.00		OPENING CEREMONY		VIP reception	Social activities	Closing Ceremony of	06.45 – 07.00
		KEYNOTE				the Academic	
07.00 – 07.30		Daniel Gould	FEPSAC Young Practitioner			Programme	07.00 – 07.30
07.30 – 08.00		WELCOME COCKTAIL	Presentation, BÖP Award				07.30 – 08.00
08.00 – 08.30						Conference Dinner	08.00 – 08.30
08.30 – 09.00							08.30 – 11.30

* parallel meetings

PERFORMANCE UNDER PRESSURE IN SPORTS,
MILITARY/POLICE, PERFORMING ARTS, MEDICINE,
BUSINESS AND DAILY LIFE

Table of Content

Introduction	8
Welcome	9
Congress Venue	13
Registration Information	17
Important Dates & Special Events	20
Food and Beverages	22
Daily sports programme	23
General Information from A-Z	24
Information for presenters	29
Meetings	32
Keynotes	33
Exhibition and Sponsors	59
List of Reviewers	60
Award committees	66
Imprint	67

INTRODUCTION

In Innsbruck we will concentrate on our congress topic “Performance under pressure” and we are excited to share with you and our colleagues the newest scientific and applied insights. We will bring together some of the leading experts in performance psychology to discuss, debate and celebrate the impact of pressure on individual and team performances in different settings, and we’d love to see you there.

Performing under pressure is a common challenge for individuals in various domains, including sports, performing arts, business, and high-stakes professions (police, military, medicine etc.). Pressure situations can elicit stress, anxiety, and a range of emotions that can impact performance. However, with the right strategies and mindset, individuals and teams can learn to thrive and excel under pressure. We love to enhance our

client’s abilities to perform at their best in challenging situations.

We will have participants and presenters from sports, military, police, performing arts, medicine and business settings. At our congress we connect the most influential people from these areas.

We will feature over 100 workshops, oral sessions and symposia, delivering continuing education on the latest techniques and practices in our field. For colleagues who are interested in deeper education we will have an intense pre-congress-programme covering hypnosis in sports, mindfulness in Olympic sports and a fine educational programme for becoming sport psychologists in professional and elite sports.

WELCOME



Congress President Christopher Willis

Dear FESPAC Members, Esteemed Colleagues, and Respected Friends of our Global Sport and Performance Psychology Community, FEPSAC (European Federation of Sport Psychology) stands as the premier organization for sport psychology in Europe. On behalf of the Division of Sport Psychology of the Professional Association of Austrian Psychologists, the Center of Mental Excellence GmbH, and the PCO Tyrol Congress, we are thrilled to announce that we have been granted the privilege of hosting the FEPSAC Congress 2024 in the beautiful city of Innsbruck, Austria, for the very first time.

Innsbruck, a city with a remarkable history of hosting the Olympic Games three times, is no stranger to international sporting excellence. In 1964 and 1976, it welcomed the world

for the Winter Olympics, and the 1st Youth Olympic Winter Games in 2012 were a splendid celebration of competitive sport and joyful camaraderie. In 2020, Innsbruck played host to the Winter World Masters Games, the world’s largest winter sports festival, bringing together elite athletes and enthusiasts over 30. Given Innsbruck’s legacy of exemplary performance under pressure, it is the ideal setting for engaging in discussions and presenting the latest research and applications in the field of sport and performance psychology, with a particular focus on “performance under pressure.”

Our vision for this congress is to advance this theme through a programme that combines scientific rigor with practical relevance. We are committed to featuring exceptional keynote speakers, captivating symposia, hands-on workshops, as well as individual oral and poster presentations. Additionally, we are excited to introduce a scientific slam and an applied slam to further enrich our offerings. We have received overwhelmingly positive responses from esteemed colleagues who have graciously agreed to join the scientific and applied committees. Furthermore, we are actively collaborating with leading national and international associations in sport and performance psychology to elevate the profile of the congress.

In light of Innsbruck's rich history and tradition in professional sports, we anticipate significant media and public interest in the FEPSAC Congress 2024. We are confident that we will deliver an exceptional programme in collaboration with our local sports organizations, complete with an engaging social and athletic agenda. We believe that the FEPSAC Congress 2024 in Innsbruck, Austria, will create enduring scientific, applied, and social memories for all our participants. We consider hosting the 17th FEPSAC Congress in Innsbruck, situated in the heart of the Alps, as a unique opportunity to promote and advance our field, particularly within Europe and in collaboration with our colleagues worldwide.

We eagerly look forward to welcoming you to Innsbruck.

With warm regards,
Christopher Willis

WELCOME



FEPSAC President Maurizio Bertollo

Dear colleagues!

Welcome to the exciting world of sport and exercise psychology! In Innsbruck is the 17th FEPSAC Congress that brings together professionals, researchers, and enthusiasts passionate about the intersection of sports and psychology. Whether you're attending our congress to learn about the latest research in our field, network with fellow experts, or gain insights into improving athletic performance and well-being through psychological techniques, you're in for a rewarding experience. The representatives of the National Association of Sport and Exercise Psychology affiliated to FEPSAC will have the opportunity to share their local experience with the entire community.

Our FEPSAC Congress 2024 offers a platform to explore topics such as mental toughness, motivation, performance anxiety, team dynamics, and the psychological aspects of coaching and sports management, but also the fields of physical and mental health of individuals and groups. If you are looking for concepts and tools to promote motivation, self confidence, cognitive abilities and social connection in these areas you should attend the congress.

Overall, the FEPSAC Congress in Innsbruck will be an excellent opportunity to connect with colleagues, learn from experts, and contribute to the field of sport and exercise psychology. Make the most of this event, and I hope it leads to valuable collaborations and insights for you and your peers!

I wish you a wonderful Congress!
Maurizio Bertollo

WELCOME



*President of the Professional Association of Austrian Psychologists
Beate Wimmer-Puchinger*

Dear colleagues,

on behalf of the Professional Association of Austrian Psychologists, which boasts nearly 6,000 members, it is our immense pleasure to extend our support to the FEPSAC Congress in Innsbruck. Over the past few years, the number of sport psychologists in Europe working with professional teams, national and Olympic training centers, and universities has seen a dramatic increase. Furthermore, our division of sport psychology, comprising more than 200 members, has been highly active, establishing standards of practice, ensuring quality, and safeguarding clients against malpractice and harm. Throughout Europe, various initiatives are underway to promote sport psychology, estab-

lish professional training, and practice pathways within the field. The field of sports psychology is gaining increasing societal significance, particularly in the realms of health promotion and secondary prevention of mental disorders. Additionally, it plays an active preventive role in the context of sexual violence.

We firmly believe that hosting this congress in Austria presents a remarkable opportunity to further advance and strengthen the discipline of sport psychology in Europe.

We eagerly anticipate your presence in Innsbruck and warmly welcome you to this exciting event.

Beate Wimmer-Puchinger

CONGRESS VENUE

The FEPSAC Congress 2024 will be held at Congress Innsbruck from July 15 - 19, 2024.



Congress Innsbruck
Rennweg 3 6020 Innsbruck
Austria

The venue Congress Innsbruck is situated right at the city centre making it possible for visitors of congresses to enjoy a car-free stay. The award-winning event venue offers a wide range of space and is geared to cater for individual requirements and wishes – from compact seminars to major congresses.

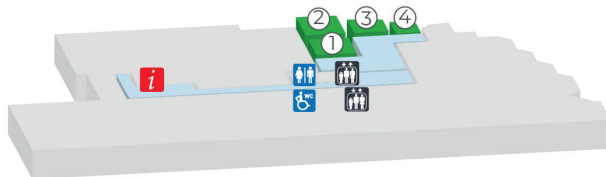




MAP OF CONGRESS VENUE

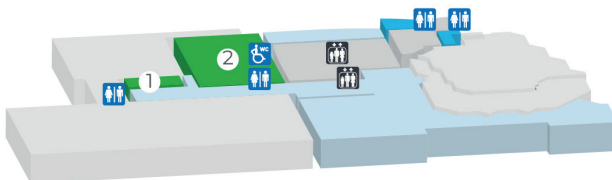
3rd floor:

1. Hall Freiburg
2. Hall Grenoble
3. Hall New Orleans
4. Hall Aalborg



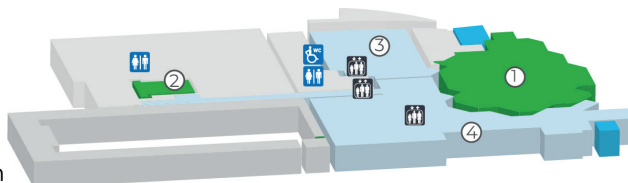
2nd floor:

1. Hall Igls
2. Hall Innsbruck



1st floor:

1. Hall Tirol
(Plenary sessions)
2. Hall Maximilian
3. Posters & Exhibition
- 3./4. Catering



Ground floor:

1. Hall Orangerie
2. Hall Dogana
3. Hall Strassburg
4. Hall Brüssel
5. Registration desk
6. Media check
Cloakroom



REGISTRATION INFORMATION

The FEPSAC 2024 registration desk is located close to the main entrance of Congress Innsbruck at the ground level (Europa Foyer). The staff is happy to greet you and answer all your questions.

You will receive your name badge at the registration desk, which you must wear at all times during the congress.

REGISTRATION OPENING HOURS

Monday, July 15	07:30 AM – 06:30 PM
Tuesday, July 16	07:30 AM – 06:30 PM
Wednesday, July 17	07:30 AM – 05:30 PM
Thursday, July 18	07:30 AM – 04:00 PM
Friday, July 19	07:30 AM – 07:00 PM

CANCELLATION POLICY

For detailed information regarding the FEPSAC 2024 registration cancellation policy, please refer to our website:

www.fepsac2024.eu

CONFERENCE REGISTRATION

Conference registration fee includes:	The following are not included in the fees and must be purchased separately:	Accompanying person fee includes:
<ul style="list-style-type: none">✓ Participation in sessions✓ Access to exhibition and social events✓ Coffee breaks✓ Welcome reception✓ Closing reception✓ Access to FEPSAC 2024 Ema Geron Award, Science and Applied Slam	<ul style="list-style-type: none">✗ Lunch during the congress✗ Participation in the pre-congress workshops✗ Participation in the following social events: city tour, soccer tournament, Swarovski Crystal Worlds-Tour, Bergisel Ski Jump and Museum-Tour, Trail Running or Walking Tour, Day Trip Neuschwanstein	<ul style="list-style-type: none">✓ Participation in the opening ceremony, welcome cocktail, closing ceremony and conference dinner✓ Access to social events✓ Access to the Science and Applied Slam✗ NO Access to scientific sessions

PERSONAL DATA

The participant is entitled to revoke his/her consent to the specific data processing at any time by writing to the congress secretariat: fepsac2024@cmi.at

LOST BADGE

Please hold on to your badge as it is your pass to enter the venue. Should you lose it please report to the reception desk with your ID for a less glamorous replacement.

FILMING AND PHOTOGRAPHY

We would like to inform you that there may be filming and photography during the meeting. A photo gallery with all photos taken during the congress will be available to registered participants on the FEPSAC 2024 website. In addition, photographs taken during the congress may be used for the organizer's social media networks.

MODIFICATION OF THE PROGRAMME

The conference chairmen reserve the right to modify the conference programme, which is published as an indication only.

DATA PRIVACY

We take your privacy very seriously and in order to comply with GDPR consent requirements, your consent to our Privacy Policy is mandatory for a participation. For detailed GDPR guidelines please see: www.fepsac2024.eu – Registration - Registration guidelines.

IMPORTANT DATES & SPECIAL EVENTS

OPENING CEREMONY AND WELCOME COCKTAIL

On Monday evening the opening Ceremony will take place in Hall Tirol at 05.20pm. You are welcome to join Chris Willis and Maurizio Bertollo at the Welcome Cocktail after the Welcome Ceremony at 06.45pm.

GROUP PICTURE

On Tuesday there will be a group picture taken from 09.30 – 09.40am (Hall Tirol). Join us and be part of the group picture of FEPSAC 2024!



SOCIAL ACTIVITIES

During the FEPSAC Congress 2024 there will be plenty of activities to explore the city of Innsbruck and much more! On Thursday from 04.00 – approx. 08.00pm there will be sports and sightseeing activities to join. The meeting point for all activities will be the Congress Innsbruck (Europa Foyer, near the registration).

Please hold on to your name badge as it is your pass to enter the venue. Should you lose it please report to the reception desk with your ID for a less glamorous replacement.

CONFERENCE DINNER

The FEPSAC Congress dinner brings together all delegates in a celebration of collegiality with good food, drink and music in the beautiful historic place which is Dogana. Join us at 7.00pm in the congress centre - Dogana and make sure you bring your dancing shoes!

If you no longer can attend the dinner please do inform us at the congress desk to reduce food wastage.



FOOD AND BEVERAGES

COFFEE BREAKS

Coffee breaks with complimentary coffee, beverages, and snacks will be held in the Kristall Foyer.

Additionally, a bar will be open during sessions where you can purchase food and beverages on the first floor in the Kristall Foyer.

The catering staff is welcoming you at the Kristall Foyer on the first floor with delicious food and beverages.

LUNCH BREAKS

During the congress, all participants are responsible for their own lunch. As our congress venue is entirely pedestrian-friendly and close to the city centre, we recommend all surrounding restaurants. Feel free to ask our staff members for recommendations regarding restaurants in the city.

If you have preordered a lunch package you will receive your lunch voucher at the registration desk. The lunch package will be ready for you to pick up in the Kristall Foyer on the first floor.

Please be aware that Lunch packages will be available from Tuesday – Friday during lunch break.

DAILY SPORTS PROGRAMME

RUNNING AND YOGA

During the congress you will have the opportunity to join the daily sports programme. Every morning (Tuesday – Friday) there will be running sessions as well as Yoga from 06.00 – 07.00 am.

The meeting point for all sports activities will be the main entrance of Congress Innsbruck.

You can register for the daily sports programme at the registration desk. For further information you are welcome to ask the staff at the registration desk.

GENERAL INFORMATION FROM A-Z

ABOUT AUSTRIA

Austria has been a member of the European Union since 1995, the population is 8,5 million, the capital city being Vienna (Vienna). Politically, Austria is a democratic republic with the prime minister as the head of the government and parliamentary elections every five years. The formal head of state is the president, who has more representative duties than political power. The country is divided into nine federal states, Innsbruck is the capital of the state of the Tyrol. The language spoken in Austria is German, but most Austrians speak English, and many speak some French or Italian too and are happy to be of service to visitors.

ABOUT INNSBRUCK

Innsbruck, the capital city of Tyrol, is located in the Alpine region of Austria, in the valley of the river Inn, at 580 metres above sea level. It is surrounded by mountain ranges and numerous peaks which reach an altitude of approx. 2,700 metres above sea level. The city has 121,000 inhabitants and hosts one of the oldest universities in Europe, founded in the year 1669. Today, over 30,000 students attend the university in Innsbruck. Due to its location, Innsbruck has an excellent tourist infrastructure and is best known for its rich cultural heritage, as well as for its endless opportunities in sports and recreation. Innsbruck has been the host for Olympic Winter Games twice, in 1964 and 1976. In the town, some 160 restaurants, cafes and bars, most of them in walking distance to the convention centre, offer traditional Tyrolean and Austrian specialities as well as international dishes.

ABSTRACTS

Abstracts selected for FEPSAC 2024 are presented in Concurrent Sessions and Poster Sessions. All accepted and confirmed abstracts are available via the abstract book online.

CAMERAS AND CELL PHONES

No unauthorised recording is allowed in any event during the FEPSAC Congress 2024. As a courtesy to fellow attendees, please set your cell phones on silent mode during the session.

CERTIFICATE OF ATTENDANCE

After the congress you will receive your Certificate of Attendance via Email. You will receive a questionnaire about your experience at the FEPSAC Congress, which you are asked to fill out to receive your Certificate of Attendance.

CHILD CARE

During the FEPSAC-Congress in Innsbruck your children from the ages of 6 to 13 can participate in our exciting Sports and Adventure Week from Monday, July 15th – Friday, July 19th 2024. Free from performance constraints, your children can immerse themselves in the multi-faceted world of sports: volleyball, dodgeball, field hockey,

basketball, dance, baseball, soccer, adventure lessons, gymnastics, apparatus gymnastics, and many more. Please note that the registration of children must be completed prior to the conference!

more information:
www.sportwoche.eu/en/

CONGRESS APP



In addition to the programme booklet and the website, we also offer an accompanying FEPSAC 2024 app.

Use this app to get information regarding the events, presenters, sessions, abstracts and much more. To install and use the app, please follow the QR Code (for Apple Users) above. Alternatively it is easy to download and install the app by searching for EventsAir in your Android or Apple App Store. Then all you need to do is:

1. Install The Event App by EventsAir.
2. The first time you open the app, enter this event code: fepsac2024
3. When the app opens, enter your email address and 6-digit App PIN. You can find your App PIN on your name badge.

DISCLAIMER

The organizers have made every attempt to ensure that all information in this publication is correct. The organizers take no responsibility for changes to the programme or any loss that may occur as a result of changes to the programme. Some of the information provided in this publication has been provided by external sources. Although every effort has been made to ensure the accuracy, currency and reliability of the content, the organizers accept no responsibility in that regard.

EMERGENCY

The emergency numbers can be called free of charge from any phone in Austria. In the event of traffic accidents, fire or other situations, emergency services should be contacted immediately on the European emergency number: 112. The police can be contacted by calling 133 and fire department by 122. For an ambulance service please call 144.

FACILITIES FOR WORK

Please bring your presentation on a USB stick and hand it in at the media check (located next to the registration desk on the ground floor of Congress Innsbruck). There is a space for delegates to work (normally 2-3 desks with chairs with internet and power). Please make sure to do so at least one hour before your ses-

sion starts. You need not bring your own computer. The meeting rooms are equipped with PC and data projector. Due to the restricted amount of desks we ask that delegates use this space for short periods of time. This also allows speakers to finalise presentations for deposit.

LIABILITY AND INSURANCE

Neither the organizers nor CMI / PCO Tyrol Congress as their agency accept any liability for personal injuries, or loss of, or damage to property belonging to congress delegates or accompanying persons, either during or as a result of the conference or during any of the networking events. It is recommended that participants arrange for their own personal health, accident and travel insurance before they depart from their countries. Only written agreements shall be valid. The play of jurisdiction shall be Innsbruck.

LOST & FOUND

Please return or claim any items found or lost at the registration desk.

NAME BADGE

To enjoy a smooth FEPSAC Congress please ensure you wear your Congress name badge in a way that is clearly visible.

NON-SMOKING POLICY

All congress venues are non-smoking (including vaping). Smoking is permitted on the premises outside of the buildings. Please use the ashtrays provided.

OFFICIAL LANGUAGE

The official language of the FEPSAC Congress 2024 is English. No simultaneous translation will be provided.

PARKING

There is an underground car park at the Congress Centre. Participants obtain tickets at reduced rates from the porter's desk on the ground floor of Congress Innsbruck. Please note that these reduced fares only apply to the Congress garage (garage entry on the left side) and not the other parking facilities (garage entry on the right side). Please also note that street parking in the city is available but limited to 90 minutes.

PUBLIC TRANSPORTATION

Innsbruck main station is located in the centre of the city within walking distance to the conference venue. Taxis are also available outside the station's entrance.

There is a good public transport system in Innsbruck and its surroundings. Most busses and trams operate until midnight. Detailed information on bus schedules is available at your hotel. Tickets can

be pre-purchased from ticket machines at the stops.

Taxis are usually available outside the conference centre's entrance. If you need support, please contact the registration desk.

PHOTO AND FILM RECORDINGS

When you registered for the Congress, the organizer was given permission to take photos and film during the Congress, and to use these recordings in the context of the event for public relations and documentation, analogue and digital. The organizer has legitimate interests in using the photos on its website, on Facebook/Instagram and in print media (Art. 6 § 1 sentence 1 lit. f DSGVO).

RESTAURANTS & BARS

There are plenty of restaurants and bars in the inner-city of Innsbruck. For dining options please refer to: innsbruck.info/en/see-and-experience/food-and-drink/restaurant-search

WATER

Tap water is safe to drink. The value of water is particularly evident in Innsbruck, because 100% of Innsbruck's water needs are met by spring water, the quality of which is constantly monitored. The journey of Innsbruck's water begins at the very top of the Nordkette, where water from melted snow or precipitation seeps deep into the rock and then makes its long way down into the valley. This special geological situation determines the high quality of Innsbruck's drinking water.

WIFI CONNECTION

FEPSAC 2024 is providing free Wi-Fi in the conference area. To ensure a positive Wi-Fi experience for all users please do not use your own wireless hotspot device. The additional Wi-Fi devices create significant RF interference which can interfere with all Wi-Fi networks. Please turn these devices off and connect to the Wi-Fi network FEPSAC and open your web browser to connect to the internet.



LOG IN DETAILS:

Network name: congress

Username: FEPSAC

Password: fepsac2024

INFORMATION FOR PRESENTERS

Every FEPSAC Congress lives off the wide array of excellent scientific presentations and discussions/ presentations on best-practice interventions.

GUIDELINES

POSTER PRESENTATIONS

Please bring your poster in portrait style. Poster measures must not exceed A0 format (84,1 cm/ 33,11" in width and 118,9 cm/ 46,8" in height). No other formats are allowed! Posters exceeding the above-mentioned directions cannot be displayed. Mounting material will be provided on site.

Please use the FEPSAC Congress templates that can be downloaded from the website.

Please set up your poster between 8.00am and 9.00am on the day of your Poster Session. Please demount your poster until 5.30pm on the same day of your Poster Session. Otherwise, we will have to dispose of it!

You will have the opportunity to print your poster at the University of Innsbruck. The Copyshop is approximately 15 minutes walking distance away from the conference venue.

Address:

Copyshop und Buchhandlung
for Poster Printing

Innrain 52f, 6020 Innsbruck

Opening hours:

Monday - Friday: 8.30 am to 6.00 pm

Saturday: 8.30 am to 12.00 pm

Costs for A0 posters:

17,00€ for matt paper or 30,00€ for glossy paper

(no other formats allowed)

CONCURRENT SESSIONS

Please bring your presentation as a ppt. or pptx. file (screen format 16:9) on a USB memory stick. Presentation laptops will be provided in the session halls. Please note, a presentation with your own laptop is not possible. Make sure to hand in your presentation to the media check the day before your presentation up to 2 hours before your presentation starts.

Please use the FEPSAC Congress templates that can be downloaded from the website.

INFORMATION FOR CHAIRS

The job of the chairperson is to run the session smoothly and make it informative, interesting, and lively by facilitating excellent communication between the speakers and the audience, and keeping the time.

Oral presentation (12+3 minutes) will

be gathered into sessions of up to five speakers.

In Gimme 5 sessions, each presenter has five minutes for a maximum of five PowerPoint slides. After each

short presentation, a discussion of up to three minutes is added. Seven contributions are to be presented within one session.

FORMATS

SYMPOSIA

All symposia consist of oral presentations from multiple speakers and cover a specific coherent topic relating to Sport and Exercise Psychology. The focus of the presentations can be theoretical, methodological, or applied. Symposia chairs are responsible for time management during the session and should allow sufficient time for questions and discussion with the audience.

ORAL PRESENTATION

Oral Presentations consist of up to five oral presentations. Each individual presentation consists of a 12-minute talk followed by a 3-minute discussion. The focus of the presentations can be theoretical, methodological, or applied. Session chairs are responsible for time management during the session, session chairs and speakers should allow sufficient time for questions and discussion with the audience. The sessions have been compiled based on single contributions that are related to Sport and Exercise Psychology.

GIMME 5 PRESENTATION

There will also be three Gimme-5 session in the programme. In Gimme 5 sessions, each presenter has five minutes to present a maximum of five slides. After each short presentation, a discussion of up to three minutes is added. Session chairs are expected to take charge of time management during the sessions in order to allow switching between sessions.

WORKSHOP

The workshops involve active participation through interactive discussions, demonstrations, and/or experiential learning through hands-on experiences for participants. Applied workshops offer opportunities for practitioners to share their professional practice strategies. Evidence-based workshops have been given priority. Research workshops can include, but are not limited to, research methods, ethics in research, theory or measurement development, grant writing and mentoring in scientific writing.

PODIUM DISCUSSION & SPECIAL SESSION ROUNDTABLE

Podium Discussions/Round Table Discussions bring together experts from a specific, relevant topic who will share their experiences, intervention strategies and how they link theory and/ or practice. Bringing expert researchers and expert practitioners together on a common topic in a panel discussion provides excellent opportunities for an audience to learn and engage in open dialogue in a scientist-practitioner framework.

APPLIED SLAM & SCIENCE SLAM

The Applied & Science Slam will take place during the evening session on Tuesday, July 16th, 06.30pm. It offers funny and creative, but still informative and scientific presentations of state-of-the-art and original research. The slam is a special form of oral presentation that reaches a broad audience.

FEPSAC YOUNG PRACTITIONER AWARD & FEPSAC YOUNG RESEARCHER AWARD

During this years congress there will be a FEPSAC Young Practitioner Award and FEPSAC Young Researcher Award. There will be a Poster Session where the YPA and YRA posters will be presented. The Poster Session will take place on Thursday 09.00am.

The session for the Young Researcher Award (oral) will be on Thursday 11.00am – 12.30pm Hall Grenoble.

The session for the Young Practitioner Award (oral) will be on Tuesday during the Award & Slam Session at 06.30 – 09.00pm.

KEYNOTES

During this year's congress, there will be a total of six keynote speakers. Each keynote speaker is an international, highly renowned scientist, all from different fields of Sport and Exercise Psychology. They will hold a presentation of 45 minutes, followed by 15 minutes of discussion, which is open to questions from the audience. The entire keynote is moderated by a chair.

MEETINGS

Invited Participants Only

WHO	WHAT	DAY, TIME, LOCATION
FEPSAC MC only	FEPSAC MC Meeting	Monday, 09.00am – 12.00pm Hall Strassburg Nord
PSE Associate Editors chaired by Raab and Tamminen	Lunch-Elsevier-AE Meeting	Tuesday, 12.00 – 01.30pm Hall Strassburg Nord
Euromental partners chaired by Berchicci	Euromental project Meeting	Tuesday, 12.00 – 01.30pm Hall Brüssel
FEPSAC group and individual members	FEPSAC General Assembly and Ema Geron Award	Tuesday, 05.30 – 06.30pm Hall Brüssel
ENYSSP	ENYSSP Gathering	Tuesday, 08.00pm
ISSP-FEPSAC	ISSP-FEPSAC Dinner	Tuesday, 08.00pm
SASP-accredited FEPSAC members	FEPSAC-SASP Meeting	Wednesday, 12.30 – 01.30pm Hall Maximilian
Open to all interested in EU projects	Erasmus+ Sport network Meeting	Wednesday, 12.30 – 01.30pm Hall Grenoble
VIP only	VIP Reception	Wednesday, 05.30 – 08:00pm
YRA and YPA committee members	Committee Meeting FEPSAC Young Re- searcher Award and Young Practitioner Award	Thursday, 09.00 – 10.30am Hall Grenoble
Presidents or Repre- sentatives of Sport Psy- chology associations, chaired by Van Raalte	Sport Psychology Council Meeting	Thursday, 12.15 – 01.15pm Hall New Orleans
FEPSAC history group task force chaired by Roland Seiler	History Meeting	Friday, 12.30 – 02.30pm Second Floor

KEYNOTES

Daniel Gould <i>Michigan State University, East Lansing, United States</i> Coaching today’s athlete: meet- ing them where they are and tak- ing them where they need to go Monday, 15/Jul/2024: 05.45 – 06.45pm Chair: Christopher Willis	Duarte Araújo <i>University of Lisbon, Lisbon, Portugal</i> The ecological dynamics of cognizant bodies in expert sport performance Thursday, 18/Jul/2024: 08.30 – 09.30am Chair: Rita de Oliveira
Cecilie Thøgersen-Ntoumani <i>University of Southern Denmark, Odense, Denmark</i> Why is it so difficult when you have to, and so easy when you want to? The role of motivational factors for physical activity promotion Tuesday, 16/Jul/2024: 08.30 – 09.30am Chair: Athanasios Papaioannou	Mia Stellberg <i>University of Helsinki, Helsinki, Finland</i> Sport psychology in Esports Friday, 19/Jul/2024: 08.30 – 09.30am Chair: Andrea Keplinger
Stiliani “Ani” Chroni <i>Inland Norway University of Ap- plied Sciences, Rena, Norway</i> Our Duty to Safeguard Sport: From Ignorance and Silence to Knowledge and Practice Wednesday, 17/Jul/2024: 08.30 – 09.30am Chair: Anastasiya Khomutova	Kristoffer Henriksen <i>University of Southern Denmark, Odense, Denmark</i> Performance excellence under pressure: Reflections of a scientist practitioner Friday, 19/Jul/2024: 05.30 – 06.30pm Chair: Michala Bednarikova

DETAILED OVERVIEW

MONDAY, 15/JULY/2024

09.00am – 12.00pm / 12.30pm / 5.10pm

FEPSAC COMMITTEE MEETING - Invited Participants Only

09.00am – 12.00pm **FEPSAC Committee Meeting** - Invited Participants Only
Hall Strassburg Nord Session Chair: Maurizio Bertollo (FEPSAC President)

PARALLEL PRECONGRESS WORKSHOPS & PARALLEL SESSIONS

09.00am – 05.10pm **Network Meeting 1** - Invited Participants Only
Hall Maximilian Session Chair: Svenja A. Wolf, Florida State University

09.00am – 05.10pm **Symposium 01: Other topics** - Invited Participants Only
Hall New Orleans Session Chair: Alexandra Pizzera, German Sport University Cologne

10.00am – 12.30pm **Precongress Workshop (applied) 01: Elite sports and expertise**
Hall Brüssel Session Chair: Peter Haberl, LLC

10.00am – 12.30pm **Precongress Workshop (applied) 02: E-Sports**
Hall Igls Session Chair: Katharina Hänsch, Sportpsychological Training

MONDAY, 15/JULY/2024

01.30 – 02.30pm

PARALLEL SESSIONS

01.30 – 02.30pm **Oral presentation 01: Coaching & Professional development and mentoring**
Hall Tirol Session Chair: Nadja Walter, University of Leipzig

01.30 – 02.30pm **Symposium 02: Psychophysiology**
Hall Strassburg Nord Session Chair: Arash Mirifar, University of Florida

01.30 – 02.30pm **Symposium 03: Other Topics**
Hall Strassburg Süd Session Chair: Marie Ottilie Frenkel, Hochschule Furtwangen/Furtwangen University

01.30 – 02.30pm **Symposium 04: Well-being and quality of life**
Hall Brüssel Session Chair: Natalie Durand-Bush, University of Ottawa

01.30 – 02.30pm **Symposium 05: Youth**
Hall Igls Session Chair: Louise Kamuk Storm, University of Southern Denmark

01.30 – 02.30pm **Workshop (research) 04: Other topics**
Hall Grenoble Session Chair: Geir Jordet, Norwegian School of Sport Sciences

01.30 – 02.30pm **Workshop (applied) 05: Elite sports and expertise**
Hall Innsbruck Session Chair: York-Peter Klöppel, Red Bull Athlete Performance Center

01.30 – 02.30pm **Oral presentation 02: Clinical sport psychology, clinical issues in sport and physical activity & Emotion & Exercise psychology**
Hall Freiburg Session Chair: Roland Seiler, University of Bern

MONDAY, 15/JULY/2024

02.40 – 03.40pm

PARALLEL SESSIONS

02.40 – 03.40pm **Oral presentation 03: Emotion**
Hall Tirol Session Chair: Marika Berchicci, University "g. D'annunzio" of Chieti-pescara

02.40 – 03.40pm **Symposium 06: Psychophysiology**
Hall Strassburg Nord Session Chair: Andrew Cooke, Bangor University

02.40 – 03.40pm **Workshop (applied) 06: Cognition**
Hall Strassburg Süd Session Chair: Tarcan Kiper, Neo Auvra Corp
Session Chair: Fabio Richlan, Paris Lodron University of Salzburg

02.40 – 03.40pm **Symposium 07: Other topics**
Hall Brüssel Session Chair: Laurie Schwab, Swiss Federal Institute of Sport Magglingen & Institute of Sport Sciences of the University of Lausanne

02.40 – 03.40pm **Symposium 08: Developmental/lifespan perspectives**
Hall Igls Session Chair: Kristoffer Henriksen, University of Southern Denmark

02.40 – 03.40pm	Workshop (research) 07: Research methods (incl. qualitative & quantitative)
Hall Grenoble	Session Chair: Whitney Moore, East Carolina University
02.40 – 03.40pm	Workshop (applied) 08: Elite sports and expertise
Hall Innsbruck	Session Chair: William Low, Heriot-Watt University
02.40 – 03.40pm	Oral presentation 04: Cognition
Hall Freiburg	Session Chair: Stephan Frederic Dahm, University of Innsbruck

MONDAY, 15/JULY/2024

04.10 – 05.10pm

PARALLEL SESSIONS	
04.10 – 05.10pm	Gimme Five presentation 01: Coaching & Elite sports and expertise & Emotion & Ethics in applied settings
Hall Tirol	Session Chair: Marie Ottilie Frenkel, Hochschule Furtwangen/Furtwangen University
04.10 – 05.10pm	Workshop (applied) 09: Psychophysiology
Hall Strassburg Nord	Session Chair: Sylvain Laborde , German Sport University Cologne
04.10 – 05.10pm	Symposium 09: Professional development and mentoring
Hall Strassburg Süd	Session Chair: Anastasiya Khomutova, University of Brighton
04.10 – 05.10pm	Symposium 10: Well-being and quality of life
Hall Brüssel	Session Chair: Melanie Lang, Edge Hill University
04.10 – 05.10pm	Oral presentation 05: Youth
Hall Igls	Session Chair: Louise Kamuk Storm, University of Southern Denmark
04.10 – 05.10pm	Workshop (research) 10: Research methods (incl. qualitative & quantitative)
Hall Grenoble	Session Chair: Ruud Den Hartigh, University of Groningen
04.10 – 05.10pm	Workshop (applied) 11: Elite sports and expertise
Hall Innsbruck	Session Chair: Daniel Rähse, Olympiazentrum Vorarlberg GmbH

04.10 – 05.10pm	Workshop (applied) 12: Group dynamics and team sports
Hall Aalborg	Session Chair: Carl Vincent Mohr, Groundwork
04.10 – 05.10pm	Oral presentation 06: Consulting/counselling & Motivation & Coaching
Hall Freiburg	Session Chair: Martin Turner, Manchester Metropolitan University

MONDAY, 15/JULY/2024

05.20 – 09.00pm

OPENING CEREMONY & WELCOME COCKTAIL	
05.20 – 06.45pm	Opening ceremony
	Session Chair: Maurizio Bertollo (FEPSAC President)
Hall Tirol	Keynote I: Coaching today's athlete: meeting them where they are and taking them where they need to go Daniel Gould, Michigan State University Session Chair: Christopher Willis (Congress President)
06.45 - 09.00pm	Welcome Cocktail
Kristall and Tirol Foyer	

TUESDAY, JULY 16TH, 2024

TUESDAY, 16/JULY/2024

08.30 – 09.40am

KEYNOTE

08.30 – 09.30am

Keynote II:
Why is it so difficult when you have to, and so easy
when you want to? The role of motivational factors for
physical activity promotion

Cecilie Thøgersen-Ntoumani, University of Southern
Denmark

Hall Tirol

Session Chair: Athanasios Papaioannou, University of
Thessaly

FEPSAC GROUP PICUTRE

09.30 – 09.40am

FEPSAC Group Picture

Hall Tirol

TUESDAY, 16/JULY/2024

09.40 – 10.30am

POSTER SESSION

09.40 – 10.30am

Poster Session I

Kristall Foyer

TUESDAY, 16/JULY/2024

11.00am – 12.00pm

PARALLEL SESSIONS

11.00am – 12.00pm

Oral presentation 07: Coaching

Hall Tirol

Session Chair: Sebastian Brueckner, Private Practice

11.00am – 12.00pm

Podium discussion (invited) 01: Best practice

Hall Strassburg Nord

Session Chair: Markus Raab, German Sport University
Cologne

11.00am – 12.00pm

Workshop (applied) 13: Youth

Hall Strassburg Süd

Session Chair: Roxy Helliker O'Rourke, University of Toronto
Session Chair: Catherine Sabiston, University of Toronto
Session Chair: Delaney Thibodeau, University of Toronto

11.00am – 12.00pm

Podium discussion (invited) 02: Transitions in and out
of sport/dual career

Hall Brüssel

Session Chair: Natalia Stambulova, Halmstad University

11.00am – 12.00pm

Workshop (research) 14: Best practice

Hall Maximilian

Session Chair: Xavier Sanchez, Université d'Orleans and
Université Paris Saclay - SAPRÉM and CIAMS

11.00am – 12.00pm

Symposium 11: Motor development

Hall Igls

Session Chair: Vicky Gottwald, Bangor University

11.00am – 12.00pm

Oral presentation 08: Research methods (incl.
qualitative & quantitative)

Hall Grenoble

Session Chair: Jannis Friedrich, German Sport University
Cologne

11.00am – 12.00pm

Oral Presentation 09: Mental skills training & Sexual
violence, sexual harassment and sexual abuse &
Psychophysiology

Hall New Orleans

Session Chair: Marte Bentzen, The Norwegian School of
Sport Sciences

11.00am – 12.00pm

Workshop (applied) 15: Elite sports and expertise

Hall Innsbruck

Session Chair: Niels Rossing, Aalborg University

11.00am – 12.00pm

Symposium 12: Youth

Hall Aalborg

Session Chair: Víctor J. Rubio, University Autonoma
Madrid

11.00am – 12.00pm

Podium discussion (invited) 03: Cultural sport
psychology

Hall Freiburg

Session Chair: Tatiana V. Ryba, University of Jyväskylä

11.00am – 12.00pm

Symposium 13: Other topics

Hall Orangerie

Session Chair: Gershon Tenenbaum, Reichman University
& Ariel University

TUESDAY, 16/JULY/2024

12.00 – 01.30pm

MEETINGS - Invited Participants Only

12.00 – 01.30pm

Lunch-Elsevier-AE Meeting

Hall Strassburg Nord

Session Chair: Markus Raab, German Sport University
Cologne

12.00 – 01.30pm

Euromental project Meeting

Hall Brüssel

Session Chair: Franziska Lautenbach, Humboldt-
Universität zu Berlin

TUESDAY, JULY 16TH, 2024

TUESDAY, JULY 16TH, 2024

TUESDAY, 16/JULY/2024

01.30 – 02.30pm

PARALLEL SESSIONS

01.30 – 02.30pm	Oral presentation 10: Group dynamics and team sports & Well-being and quality of life
Hall Tirol	Session Chair: Thomas Kayer, Groundwork
01.30 – 02.30pm	Symposium 14: Professional development and mentoring
Hall Strassburg Nord	Session Chair: Julie Hayden, National University
01.30 – 02.30pm	Workshop (applied) 16: Youth
Hall Strassburg Süd	Session Chair: Chris Harwood, Nottingham Trent University Session Chair: Dadi Rafnsson, Reykjavik University
01.30 – 02.30pm	Workshop (applied) 17: Transitions in and out of sport/ dual career
Hall Brüssel	Session Chair: Wanda Schapendonk, NOC*NSF
01.30 – 02.30pm	Workshop (research) 18: Cognition
Hall Maximilian	Session Chair: M ^a Dolores González Fernández, A Coruña University
01.30 – 02.30pm	Oral presentation 11: Motor control and learning & Motor development & Perception & attention
Hall Igls	Session Chair: Vicky Gottwald, Bangor University
01.30 – 02.30pm	Symposium (research) 15: Research methods (incl. qualitative & quantitative)
Hall Grenoble	Session Chair: Jannis Friedrich, German Sport University Cologne
01.30 – 02.30pm	Symposium 16: Elite sports and expertise
Hall New Orleans	Session Chair: Marte Bentzen, The Norwegian School of Sport Sciences
01.30 – 02.30pm	Workshop (applied) 19: Mental skills training
Hall Innsbruck	Session Chair: Liliana Fontes, School of Psychology. University of Minho
01.30 – 02.30pm	Symposium 17: Leadership
Hall Aalborg	Session Chair: Katrien Fransen, KU Leuven

01.30 – 02.30pm

Oral presentation 12: Cultural sport psychology & Daily life

Hall Freiburg

Session Chair: Tatiana V. Ryba, University of Jyväskylä

01.30 – 02.30pm

Workshop (applied) 20: Crisis

Hall Orangerie

Session Chair: Charlotte Behlau, University of Muenster

TUESDAY, 16/JULY/2024

02.40 – 03.40pm

PARALLEL SESSIONS

02.40 -03.40pm	Oral presentation 13: Health & Talent identification/ development & Mental skills training
Hall Tirol	Session Chair: Urban Johnson, Halmstad University
02.40 – 03.40pm	Symposium 18: Coaching
Hall Strassburg Nord	Session Chair: Saša Cecić Erpič, University of Ljubljana
02.40 – 03.40pm	Special Session Roundtable (applied) 01: Youth
Hall Strassburg Süd	Session Chair: Katie Castle, Castle Psychology
02.40 – 03.40pm	Oral presentation 14: Transitions in and out of sport/ dual career
Hall Brüssel	Session Chair: Gershon Tenenbaum, Reichman University & Ariel University
02.40 – 03.40pm	Roundtable (research) 01: Best practice
Hall Maximilian	Session Chair: Lauren McHenry, McHenry Mental Performance, LLC
02.40 – 03.40pm	Oral presentation 15: Neuroscience
Hall Igls	Session Chair: Masahiro Kokubu, University of Tsukuba
02.40 – 03.40pm	Symposium 19: Cognition
Hall Grenoble	Session Chair: Paul Mansell, Staffordshire University
02.40 – 03.40pm	Symposium 20: Development/lifespan perspectives
Hall New Orleans	Session Chair: Lukas Linnér, Halmstad University
02.40 – 03.40pm	Workshop (applied) 21: Best practice
Hall Innsbruck	Session Chair: Carl Vincent Mohr, Groundwork

TUESDAY, JULY 16TH, 2024

TUESDAY, JULY 16TH, 2024

TUESDAY, JULY 16TH, 2024

02.40 – 03.40pm	Workshop (applied) 22: Leadership
Hall Aalborg	Session Chair: Janneke de Noord, Amsterdam University of Applied Sciences
02.40 – 03.40pm	Oral presentation 16: Decision making and judgement
Hall Freiburg	Session Chair: Erwin Apitzsch, Lund University
02.40 – 03.40pm	Symposium 21: Other topics
Hall Orangerie	Session Chair: Harvey Anderson, Sheffield Hallam University

TUESDAY, 16/JULY/2024

04.10 – 05.10pm

PARALLEL SESSIONS	
04.10 – 05.10pm	Oral presentation 17: Well-being and quality of life
Hall Tirol	Session Chair: Natalie Durand-Bush, University of Ottawa
04.10 – 05.10pm	Network meeting (open) 02: Professional development and mentoring
Hall Strassburg Nord	Session Chair: Fabrizio Sors, University of Trieste
04.10 – 05.10pm	Special Session Roundtable (applied) 02: Transitions in and out of sport/dual career
Hall Brüssel	Session Chair: Natalia Stambulova, Halmstad University
04.10 – 05.10pm	Symposium 23: Psychophysiology
Hall Maximilian	Session Chair: Sylvain Laborde, German Sport University Cologne
04.10 – 05.10pm	Symposium 24: Cognition
Hall Igls	Session Chair: Stephan Frederic Dahm, University of Innsbruck
04.10 – 05.10pm	Symposium 25: Consulting/counselling
Hall Grenoble	Session Chair: Martin Turner, Manchester Metropolitan University
04.10 – 05.10pm	Workshop (applied) 23: Social Psychology
Hall New Orleans	Session Chair: Scott Russell, Queensland University of Technology

04.10 – 05.10pm	Workshop (applied) 24: Mental skills training
Hall Innsbruck	Session Chair: Michael Gerson, JFK School of Psychology and Social Sciences at National University
04.10 – 05.10pm	Symposium 26: Leadership
Hall Aalborg	Session Chair: Todd Loughhead, University of Windsor
04.10 – 05.10pm	Oral presentation 18: Developmental/lifespan perspectives & Elderly
Hall Freiburg	Session Chair: Erwin Apitzsch, Lund University
04.10 – 05.10pm	Special Session Roundtable (applied) 03: Best practice
Hall Orangerie	Session Chair: Karin Moesch, Malmö University & Swedish Sport Confederation Session Chair: Daniel Birrer, Swiss Federal Institute of Sport Magglingen

TUESDAY, 16/JULY/2024

05.30 – 06.30pm

FEPSAC GENERAL ASSEMBLY AND EMA GERON AWARD - FEPSAC Members only	
05.30 – 06.30pm	FEPSAC General Assembly and Ema Geron Award
Hall Brüssel	Session Chair: Maurizio Bertollo (FEPSAC President)

TUESDAY, 16/JULY/2024

06.30 – 09.00pm

FEPSAC YOUNG PRACTITIONER PRESENTATION, BÖP-AWARD, SLAM SESSION	
06.30 – 09.00pm	FEPSAC Young Practitioner Presentation, BÖP-Award, Slam Session
Hall Brüssel	Session Chair: Sylvain Laborde, German Sport University Cologne Session Chair: Andrea Keplinger, Berufsverband Österr. PsychologInnen (BÖP)

TUESDAY, 16/JULY/2024

08.00pm

ENYSSP GATHERING - Invited Participants Only	
08.00pm	ENYSSP Gathering
ISSP-FEPSAC DINNER - Invited Participants Only	
08.00pm	ISSP-FEPSAC Dinner

WEDNESDAY, 17/JULY/2024

08.30 – 09.30am

KEYNOTE

08.30 – 09.30am

**Keynote III:
Our Duty to Safeguard Sport: From Ignorance and
Silence to Knowledge and Practice**
Stiliani “Ani” Chroni, Inland Norway University of Applied
Sciences

Hall Tirol

Session Chair: Anastasiya Khomutova, University of Brighton

WEDNESDAY, 17/JULY/2024

09.30 – 10.30am

POSTER SESSION

09.30 – 10.30am

Poster Session II

Kristall Foyer

WEDNESDAY, 17/JULY/2024

11.00am – 12.00pm / 12.30pm

PARALLEL SESSIONS

11.00am – 12.00pm

Oral presentation 19: Leadership

Hall Tirol

Session Chair: Guillaume Martinent, University of Claude
Bernard Lyon 1

11.00am – 12.30pm

Symposium 27: Other topics

Hall Strassburg Nord

Session Chair: Roland Seiler, University of Bern

11.00am – 12.00pm

Symposium 28: Other topics

Hall Strassburg Süd

Session Chair: Valeria Eckardt, Witten/Herdecke
University & German Sport University Cologne

11.00am – 12.00pm

Symposium 29: Psychophysiology

Hall Maximilian

Session Chair: Réka Zsanett Bondár, Swiss Federal
Institute of Sport Magglingen

11.00am – 12.00pm

Workshop (applied) 25: Mental skills training

Hall Igls

Session Chair: Darrell Phillips, University of Kansas

11.00am – 12.00pm

Oral presentation 20: Music, Dance and Performing Arts

Hall Grenoble

Session Chair: Alexander McWilliam, Bangor University

11.00am – 12.00pm

Symposium 30: Transitions in and out of sport/dual career

Hall New Orleans

Session Chair: Milla Saarinen, Norwegian School of Sport
Sciences

11.00am – 12.00pm

**Podium discussion (invited) 04: Sexual violence: sexual
harassment and sexual abuse**

Hall Innsbruck

Session Chair: Stiliani “Ani” Chroni, Inland Norway
University of Applied Sciences

11.00am – 12.00pm

Symposium 31: Human factors

Hall Aalborg

Session Chair: Rebecca Zakrajsek, University of Tennessee

11.00am – 12.00pm

Symposium 32: Military, police and tactical populations

Hall Freiburg

Session Chair: Rachel Arnold, University of Bath

WEDNESDAY, 17/JULY/2024

12.30 – 01.30pm

MEETINGS - Invited Participants Only

12.30 – 01.30pm

FEPSAC-SASP Meeting

Hall Maximilian

Session Chair: Michala Bednarikova, Private Practice &
FEPSAC MC

12.30 – 01.30pm

Erasmus+ sport network Meeting

Hall Grenoble

Session Chair: Yago Ramis, Universitat Autònoma de Barcelona

WEDNESDAY, 17/JULY/2024

01.30 – 02.30pm

PARALLEL SESSIONS

01.30 – 02.30pm

Oral presentation 21: Elite sports and expertise

Hall Tirol

Session Chair: Niels Rossing, Aalborg University

01.30 – 02.30pm

Workshop (applied) 26: Consulting/counselling

Hall Strassburg Nord

Session Chair: Hanspeter Gubelmann, Swiss Federal
Institute of Technology

01.30 – 02.30pm

**Workshop (applied) 27: Sexual violence, sexual
harassment and sexual abuse**

Hall Strassburg Süd

Session Chair: Helena Schmitz, German Sport University
Cologne

01.30 – 02.30pm

Podium Discussion 10: Best practice

Hall Brüssel

Session Chair: Jürgen Beckmann, Technical University of
Munich

WEDNESDAY, JULY 17TH, 2024

WEDNESDAY, JULY 17TH, 2024

01.30 – 02.30pm	Workshop (applied) 28: Mental skills training
Hall Maximilian	Session Chair: Gábor Barta, Károli Gáspár University
01.30 – 02.30pm	Symposium 33: Sports psychiatry and sports psychotherapy
Hall Igls	Session Chair: Alessia Bruno, Performance Expansion
01.30 – 02.30pm	Oral presentation 22: Music, Dance and Performing Arts & Physical activity & Elite sports and expertise
Hall Grenoble	Session Chair: Peter Gröpel, University of Vienna
01.30 – 02.30pm	Podium Discussion (open) 05: Talent identification/development
Hall New Orleans	Session Chair: Theodore Kroeten, Joy of The People
01.30 – 02.30pm	Workshop (applied) 29: Mental skills training
Hall Innsbruck	Session Chair: Veronique Richard, The University of Queensland
01.30 – 02.30pm	Symposium 34: Cognition
Hall Aalborg	Session Chair: Lisa Musculus, German Sport University Session Chair: Valentin Benzing, University of Bern
01.30 – 02.30pm	Symposium 35: Military, police and tactical populations
Hall Freiburg	Session Chair: Stewart Cotterill, Aecc University College

WEDNESDAY, 17/JULY/2024

02.40 – 03.40pm

PARALLEL SESSIONS	
02.40 – 03.40pm	Oral presentation 23: Perception & attention
Hall Tirol	Session Chair: Geir Jordet, Norwegian School of Sport Sciences
02.40 – 03.40pm	Workshop (applied) 30: Consulting/counselling
Hall Strassburg Nord	Session Chair: Martin Turner, Manchester Metropolitan University
02.40 – 03.40pm	Symposium 36: Sexual violence, sexual harassment and sexual abuse
Hall Strassburg Süd	Session Chair: Jeannine Ohlert, German Sport University Cologne

02.40 – 03.40pm	Symposium 37: Surgery
Hall Brüssel	Session Chair: Peter Rehder, Medical University Innsbruck
02.40 – 03.40pm	Workshop (applied) 31: Psychophysiology
Hall Maximilian	Session Chair: Uirassu Borges, German Sport University Cologne
02.40 – 03.40pm	Workshop (applied) 32: Music, Dance and Performing Arts
Hall Grenoble	Session Chair: Eric Franklin, Institute for Franklin Method
02.40 – 03.40pm	Gimme Five presentation 02: Talent identification/development & Well-being and quality of life & Social cognition & Youth
Hall New Orleans	Session Chair: Milla Saarinen, Norwegian School of Sport Sciences
02.40 – 03.40pm	Symposium 39: Mental skills training
Hall Innsbruck	Session Chair: Amber Mosewich, University of Alberta
02.40 – 03.40pm	Symposium 40: Performance enhancement (e.g. doping: neuro-enhancement etc.)
Hall Aalborg	Session Chair: Ian Boardley, University of Birmingham
02.40 – 03.40pm	Podium discussion (open) 06: Military, police and tactical populations
Hall Freiburg	Session Chair: John Heil, Psychological Health Roanoke

WEDNESDAY, 17/JULY/2024

04.10 – 05.10pm

PARALLEL SESSIONS	
04.10 – 05.10pm	Workshop (applied) 33: Perception & attention
Hall Tirol	Session Chair: Geir Jordet, Norwegian School of Sport Sciences
04.10 – 05.10pm	Oral presentation 24: Best practice & Coaching
Hall Strassburg Nord	Session Chair: Sophia Jowett, Loughborough University

WEDNESDAY, JULY 17TH 2024

THURSDAY, JULY 18TH, 2024

04.10 – 05.10pm	Network meeting (open) 03: Sexual violence, sexual harassment and sexual abuse
Hall Strassburg Süd	Session Chair: Sylvie Parent, Université Laval, Research Chair on Safety and Integrity in Sport/Université Laval, Interdisciplinary Research Center on Intimate Relationship Problems and Sexual Abuse (CRIPCAS), Équipe Violence Sexuelle et Santé (ÉVISSA) & International Research Network on Violence and Integrity in Sport
04.10 – 05.10pm	Workshop (applied) 34: Perception & attention
Hall Brüssel	Session Chair: Tarcan Kiper, Neo Auvra Corp Session Chair: Daniel Memmert, German Sport University Cologne
04.10 – 05.10pm	Workshop (applied) 35: Psychophysiology
Hall Maximilian	Session Chair: York-Peter Klöppel, Red Bull Athlete Performance Center
04.10 – 05.10pm	Workshop (applied) 36: Sports psychiatry and sports psychotherapy
Hall Igls	Session Chair: Li Jing Zhu, Sigmund Freud University Vienna
04.10 – 05.10pm	Workshop (applied) 37: Music, Dance and Performing Arts
Hall Grenoble	Session Chair: Alexander McWilliam, Bangor University
04.10 – 05.10pm	Oral presentation 25: Talent identification/development
Hall New Orleans	Session Chair: Daniel Rähse, Olympiazentrum Vorarlberg GmbH
04.10 – 05.10pm	Symposium 41: Mental skills training
Hall Innsbruck	Session Chair: Henrik Gustafsson, Karlstad University & Norwegian School of Sport Science
04.10 – 05.10pm	Network meeting (open) 04: Best practice
Hall Aalborg	Session Chair: Chris Harwood, Nottingham Trent University
04.10 – 05.10pm	Podium discussion (open) 07: Military, police and tactical populations
Hall Freiburg	Session Chair: Whitney Moore, East Carolina University

WEDNESDAY, 17/JULY/2024

05.30 – 08.00pm	
VIP RECEPTION - Invited Participants Only	
05.30 – 08.00pm	VIP Reception - Invited Participants Only

THURSDAY, 18/JULY/2024	
08.30 – 09.30am	
KEYNOTE	
08.30 – 09.30am	Keynote IV: The ecological dynamics of cognizant bodies in expert sport performance Duarte Araújo, University of Lisbon
Hall Tirol	Session Chair: Rita de Oliveira, London South Bank University / FEPSAC

THURSDAY, 18/JULY/2024	
09.00 / 09.30 – 10.30am	
POSTER SESSIONS & COMMITTEE MEETING - Invited Participants Only	
09.00 – 09.30am	Young Researcher Award Poster + Young Practitioner Award Poster
Kristall Foyer	Session Chair: Markus Raab, German Sport University Cologne; Michala Bednarikova, Private practice and FEPSAC MC
09.00 – 10.30am	Committee Meeting FEPSAC Young Researcher Award & Young Practitioner Award - Invited Participants Only
09.30 – 10.30am	Poster Session III
Kristall Foyer	

THURSDAY, 18/JULY/2024	
11.00am –12.30pm	
YOUNG RESEARCHER AWARD	
11.00am – 12.30pm	FEPSAC Young Researcher Award Oral
Hall Grenoble	Session Chair: Markus Raab, German Sport University Cologne

THURSDAY, 18/JULY/2024	
11.00am –12.00pm	
PARALLEL SESSIONS	
11.00am – 12.00pm	Oral presentation 26: Perception & attention & Physical activity
Hall Tirol	Session Chair: Markus Gerber, University of Basel

THURSDAY, JULY 18TH, 2024

11.00am – 12.00pm	Symposium 42: Emotion
Hall Strassburg Nord	Session Chair: Julian Fritsch, Karlsruhe Institute of Technology
11.00am – 12.00pm	Oral presentation 27: Exercise psychology
Hall Strassburg Süd	Session Chair: Ian Taylor, Loughborough University
11.00am – 12.00pm	Workshop (applied) 38: Mental skills training
Hall Brüssel	Session Chair: Katie Sparks, Staffordshire University
11.00am – 12.00pm	Symposium 43: Coaching
Hall Maximilian	Session Chair: Stilian "Ani" Chroni, Inland Norway University of Applied Sciences
11.00am – 12.00pm	Oral Presentation 28: Motivation
Hall Igls	Session Chair: Georg Hafner, Praxis Althietzing
11.00am – 12.00pm	Workshop (applied) 39: Social and cultural diversity (e.g. migration: ethnicity)
Hall New Orleans	Session Chair: David Smith, German Sports University Cologne
11.00am – 12.00pm	Workshop (applied) 40: Military, police and tactical populations
Hall Innsbruck	Session Chair: Judith P. Andersen, University of Toronto
11.00am – 12.00pm	Symposium 44: Clinical sport psychology, clinical issues in sport and physical activity
Hall Aalborg	Session Chair: Anthony Papathomas, Loughborough University
11.00am – 12.00pm	Workshop (applied) 41: Sports injury, prevention and rehabilitation
Hall Freiburg	Session Chair: York-Peter Klöppel, Red Bull Athlete Performance Center

THURSDAY, 18/JULY/2024

12.15 - 01.15pm	
MEETING - Invited Participants Only	
12.15 - 01.15pm	Sport Psychology Council Meeting
Hall New Orleans	Session Chair: Judy van Raalte, Springfield College

THURSDAY, 18/JULY/2024

01.30 – 02.30pm	
PARALLEL SESSIONS	
01.30 – 02.30pm	Gimme Five presentation 03: E-Sports & Exercise psychology & Group dynamics and team sports & Research methods (incl. qualitative & quantitative)
Hall Tirol	Session Chair: Fabio Richlan, Paris Lodron University of Salzburg
01.30 – 02.30pm	Symposium 45: Emotion
Hall Strassburg Nord	Session Chair: V. Vanessa Wergin, The University of Queensland
01.30 – 02.30pm	Oral presentation 29: Exercise psychology
Hall Strassburg Süd	Session Chair: Erwin Apitzsch, Lund University
01.30 – 02.30pm	Workshop (applied) 42: Psychodynamic, systemic and hypnotherapeutic issues
Hall Brüssel	Session Chair: Ohad Nahum, The Academic College of Tel Aviv-Yaffo
01.30 – 02.30pm	Workshop (applied) 43: Personality
Hall Maximilian	Session Chair: Tracy Donachie, Newcastle University
01.30 – 02.30pm	Oral Presentation 30: Motivation
Hall Igls	Session Chair: Katie Garstang, Nottingham Trent University
01.30 – 02.30pm	Oral presentation 31: Sports psychology and world events (e.g. Zika: COVID-19)
Hall Grenoble	Session Chair: Réka Zsanett Bondár, Swiss Federal Institute of Sport Magglingen
01.30 – 02.30pm	Oral presentation 32: Social psychology
Hall New Orleans	Session Chair: David Smith, German Sports University Cologne

THURSDAY, JULY 18TH, 2024

01.30 – 02.30pm	Workshop (applied) 44: Military, police and tactical populations
Hall Innsbruck	Session Chair: Stewart Cotterill, Aecc University College
01.30 – 02.30pm	Workshop (research) 45: Clinical sport psychology, clinical issues in sport and physical activity
Hall Aalborg	Session Chair: Li Jing Zhu, Sigmund Freud University
01.30 – 02.30pm	Workshop (applied) 46: Sports injury, prevention and rehabilitation
Hall Freiburg	Session Chair: Andrea Keplinger, Berufsverband Österr. PsychologInnen (BÖP)

THURSDAY, 18/JULY/2024

02.40 – 03.40pm	
PARALLEL SESSIONS	
02.40 – 03.40pm	Oral presentation 33: Coaching & Sexual violence, sexual harassment and sexual abuse
Hall Tirol	Session Chair: Jeannine Ohlert, German Sport University Cologne
02.40 – 03.40pm	Symposium 46: Emotion
Hall Strassburg Nord	Session Chair: Pia Zajonz, Humboldt-Universität zu Berlin
02.40 – 03.40pm	Oral presentation 34: Exercise psychology
Hall Strassburg Süd	Session Chair: Catherine Sabiston, University of Toronto
02.40 – 03.40pm	Oral presentation 35: Mental skills training
Hall Brüssel	Session Chair: Babett Lobinger, German Sport University Cologne
02.40 – 03.40pm	Symposium 47: Social psychology
Hall Maximilian	Session Chair: Edda van Meurs, University of Münster
02.40 – 03.40pm	Symposium 48: Motivation
Hall Igls	Session Chair: Ian Taylor, Loughborough University
02.40 – 03.40pm	Podium discussion (open) 08: Sports psychology and world events (e.g. Zika, COVID-19)
Hall Grenoble	Session Chair: John Heil, Psychological Health Roanoke

02.40 – 03.40pm	Symposium 49: Leadership
Hall New Orleans	Session Chair: Sebastian Brueckner, Private Practice
02.40 – 03.40pm	Oral presentation 36: Leadership & Moral action & Music, Dance and Performing Arts & Physical activity
Hall Innsbruck	Session Chair: Li Jing Zhu, Sigmund Freud University
02.40 – 03.40pm	Symposium 50: Social psychology
Hall Freiburg	Session Chair: Faye Didymus, Leeds Beckett University

THURSDAY, 18/JULY/2024

04.00 – 08.00pm	
SOCIAL ACTIVITIES: SPORTS AND SIGHTSEEING	
04.00 – 08.00pm	Social activities: sports and sightseeing

FRIDAY, 19/JULY/2024

08.30 – 09.30am

KEYNOTE

08.30 – 09.30am

Keynote V: Sport psychology in Esports
Mia Stellberg, University of Helsinki

Hall Tirol

Session Chair: Andrea Keplinger, Berufsverband Österr. Psychologinnen (BÖP)

FRIDAY, 19/JULY/2024

09.30 – 10.30am

POSTER SESSION

09.30 – 10.30am

Poster Session IV

Kristall Foyer

FRIDAY, 19/JULY/2024

11.00am – 12.30pm

PARALLEL SESSIONS

11.00am – 12.30pm

Oral presentation 37: Sports injury, prevention and rehabilitation & Consulting/counselling

Hall Tirol

Session Chair: York-Peter Klöppel, Red Bull Athlete Performance Center

11.00am – 12.30pm

Symposium 51: Crisis

Hall Strassburg Nord

Session Chair: Bernd Strauss, University of Muenster

11.00am – 12.30pm

Symposium 52: Well-being and quality of life

Hall Strassburg Süd

Session Chair: Philipp Röthlin, Swiss Federal Institute of Sport Magglingen & University of Bern

11.00am – 12.30pm

Oral presentation 38: E-Sports & Sports psychiatry and sports psychotherapy & Elite sports and expertise

Hall Brüssel

Session Chair: Svenja A. Wolf, Florida State University

11.00am – 12.30pm

Symposium 53: Group dynamics and team sports

Hall Maximilian

Session Chair: Katrien Fransen, KU Leuven

11.00am – 12.30pm

Special Session Roundtable (applied) 04: Ethics in applied settings

Hall Igls

Session Chair: Alessandro Quartiroli, UW - La Crosse / University of Portsmouth

11.00am – 12.30pm

Workshop (applied) 48: Best practice

Hall Grenoble

Session Chair: Nico W. Van Yperen, University of Groningen

11.00am – 12.30pm

Symposium 54: Elite sports and expertise

Hall New Orleans

Session Chair: Nicola Hodges, University of British Columbia

11.00am – 12.30pm

Symposium 55: Military, police and tactical populations

Hall Innsbruck

Session Chair: Vana Hutter, Netherlands Study Center for Criminology and Law Enforcement (NSCR)

11.00am – 12.30pm

Symposium 56: Elite sports and expertise

Hall Aalborg

Session Chair: Bradley Young, University of Ottawa

11.00am – 12.30pm

Oral Presentation 39: Well-being and quality of life & Pedagogical psychology & Exercise psychology & Best practice

Hall Freiburg

Session Chair: Tanja Ecken, Anglia Ruskin University

FRIDAY, 19/JULY/2024

12.30 – 02.30pm

MEETING - Invited Participants Only

12.30 – 02.30pm

FEPSAC History Meeting

Second Floor

Session Chair: Roland Seiler, University of Bern

FRIDAY, 19/JULY/2024

01.30 – 02.30pm

PARALLEL SESSIONS

01.30 – 02.30pm

Special Session Roundtable (applied) 05: Elite sports and expertise

Hall Tirol

Session Chair: Cameron Norsworthy, University of Western Australia & The Flow Centre

01.30 – 02.30pm

Symposium 57: Group dynamics and team sports

Hall Strassburg Nord

Session Chair: Charlotte Behlau, University of Muenster

01.30 – 02.30pm

Symposium 58: E-Sports

Hall Brüssel

Session Chair: Oliver Leis, Leipzig University

FRIDAY, JULY 19TH, 2024

FRIDAY, JULY 19TH, 2024

01.30 – 02.30pm	Workshop (applied) 50: Daily life
Hall Maximilian	Session Chair: Laura Gördes, University of Bern & German Sport University Cologne
01.30 – 02.30pm	Symposium 59: Coaching
Hall Igls	Session Chair: Sophia Jowett, Loughborough University
01.30 – 02.30pm	Special Session Roundtable (research) 06: Best practice
Hall Grenoble	Session Chair: Svenja A. Wolf, Florida State University
01.30 – 02.30pm	Podium discussion (open) 09: Elite sports and expertise
Hall New Orleans	Session Chair: Sam Giles, Nottingham Trent University
01.30 – 02.30pm	Symposium 60: Military, police and tactical populations
Hall Innsbruck	Session Chair: Lisanne Kleygrewe, Vrije Universiteit Amsterdam & Institute of Brain and Behaviour Amsterdam
01.30 – 02.30pm	Oral presentation 40: Youth
Hall Aalborg	Session Chair: Víctor J. Rubio, University Autonoma Madrid
01.30 – 02.30pm	Workshop (applied) 51: Sports psychiatry and sports psychotherapy
Hall Freiburg	Session Chair: Courtney Walton, The University of Melbourne

FRIDAY, 19/JULY/2024

02.40 – 03.40pm	
PARALLEL SESSIONS	
02.40 -03.40pm	Network meeting (open) 05: Elite sports and expertise
Hall Tirol	Session Chair: Christoph Herr, DFB-Akademie
02.40 – 03.40pm	Symposium 61: Built environment
Hall Strassburg Nord	Session Chair: Svenja Wachsmuth, University of Tübingen
02.40 – 03.40pm	Symposium 62: Well-being and quality of life
Hall Strassburg Süd	Session Chair: Athanasios Papaioannou, University of Thessaly

02.40 – 03.40pm	Oral presentation 41: E-Sports & Perception & Attention & Non-traditional applications
Hall Brüssel	Session Chair: Andrea Keplinger, Berufsverband Österr. Psychologinnen (BÖP)
02.40 – 03.40pm	Symposium 63: Group dynamics and team sports
Hall Maximilian	Session Chair: Katrien Fransen, KU Leuven
02.40 – 03.40pm	Symposium 64: Professional development and mentoring
Hall Igls	Session Chair: Martin Eubank, Liverpool John Moores University
02.40 – 03.40pm	Workshop (applied) 52: Best practice
Hall Grenoble	Session Chair: Jacob Jensen, California State University
02.40 – 03.40pm	Symposium 65: Elite sports and expertise
Hall New Orleans	Session Chair: Koen De Brandt, Vrije Universiteit Brussel Session Chair: Jolan Kegelaers, Vrije Universiteit Brussel
02.40 – 03.40pm	Network meeting (open) 06: Military, police and tactical populations
Hall Innsbruck	Session Chair: Vana Hutter, Netherlands Study Center for Criminology and Law Enforcement (NSCR)
02.40 – 03.40pm	Symposium 66: Social and cultural diversity (e.g. migration, ethnicity)
Hall Aalborg	Session Chair: Tatiana V. Ryba, University of Jyväskylä
02.40 – 03.40pm	Oral presentation 42: Elite sports and expertise & Exercise and COVID-19 Pandemics & Well-being and quality of life & Clinical sport psychology, clinical issues in sport and physical activity
Hall Freiburg	Session Chair: Courtney Walton, The University of Melbourne

FRIDAY, 19/JULY/2024

05.30 – 06.45pm

KEYNOTE & AWARDS

05.30 – 06.45pm

Keynote VI:
Performance excellence under pressure: Reflections of a scientist practitioner
Kristoffer Henriksen, University of Southern Denmark

Hall Tirol

Session Chair: Michala Bednarikova, Private Practice / FEPSAC MC

AWARDS (Young Researcher and Practitioner Awards, Applied and Science Slam Awards)

FRIDAY, 19/JULY/2024

06.45 – 07.00pm

CLOSING CEREMONY

06.45 – 07.00pm

Closing Ceremony of the Academic Programme

Hall Tirol

Session Chair: Maurizio Bertollo (FEPSAC President)

FRIDAY, 19/JULY/2024

07.00 – 11.30pm

CONFERENCE DINNER

07.00 – 11.30pm

Conference Dinner

Hall Dogana

for details see page 21

EXHIBITION AND SPONSORS

ORGANISING PARTNERS:



SUPPORTING PARTNERS:



SILVER PARTNERSHIP:



INDUSTRIAL EXHIBITORS:



CONTINUING EDUCATION:

Participation in the FEPSAC Congress will be counted and recognized as continuing education (CE) by several international and national institutions, including ISSP, FEPSAC, BÖP, asp, and others.

LIST OF REVIEWERS

Anderson Harvey, Sheffield Hallam University, Sheffield, United Kingdom

Apitzsch Erwin, Lund University, Lund, Sweden

Araújo Duarte, University of Lisbon, Lisbon, Portugal

Arif Tasleem, University of Haripur, Haripur, Pakistan

Atkinson Obidiah, SUNY Cortland University, Syracuse, USA

Backhouse Susan, Leeds Beckett University, Leeds, United Kingdom

Balague Gloria, University of Illinois at Chicago, Chicago, USA

Balázs Regina, Budapest, Hungary

Bar-Eli Michael, Ben-Gurion University, Negev, Israel

Barić Renata, University of Zagreb, Zagreb, Croatia

Barkoukis Vassilis, Aristotle University of Thessaloniki, Thessaloniki, Greece

Bebetsos Evangelos, Democritus University of Thrace, Komotini, Greece

Bednáriková Michala, Bratislava, Slovakia

Behzadnia Behzad, University of Tabriz, Tabriz, Iran

Bejar Matthew, San Jose State University, San Jose, USA

Bertollo Maurizio, University G. d'Annunzio Chieti-Pescara, Pescara, Italy

Biddle Stuart, University of Southern Queensland, Brisbane, Australia

Birch Philip, University of Chichester, Chichester, United Kingdom

Bondar Zsanett, Swiss Federal Institute of Sport Magglingen, Magglingen, Romania

Bonilla Iván, Autonomous University of Barcelona, Barcelona, Spain

Borges Mário, London South Bank University, London, United Kingdom

Bray Steven, McMaster University, Hamilton, Canada

Brinkmöller Birte, University of Muenster, Münster, Germany

Caglar Emine, Hacettepe University, Ankara, Turkey

Castle Katie, College of Alberta Psychologists, Edmonton, Canada

Castro Leonardo Colares, Sinos River Valley University, Sao Leopoldo, Brazil

Cei Alberto, San Raffaele University, Mailand, Italy

Chamarro Andrés, Universitat Autònoma de Barcelona, Barcelona, Spain

Chanal Julien, University of Geneva, Geneva, Switzerland

Chandler Charlotte, University of Derby, Derby, United Kingdom

Chang Yu-Kai, National Taiwan Normal University, Taipei, Taiwan

Chroni Stiliani "Ani", Inland Norway University of Applied Sciences, Elverum, Norway

Çiftçi Muhammet Cihat, Ankara Yıldırım Beyazıt University, Ankara, Turkey

Cooke Andrew, Bangor University, Bangor, United Kingdom

Dahm Stephan Frederic, Universität Innsbruck, Innsbruck, Austria

Davis Louise, Umeå University, Umeå, Sweden

De Lima-Junior Dalton, University of Bologna, Bologna, Italy

De Oliveira Rita, London South Bank University, London, United Kingdom

De Subijana Cristina, Universidad Politécnica de Madrid, Madrid, Spain

Di Fronso Selenia, University "G. d'Annunzio" of Chieti-Pescara, Pescara, Italy

Didymus Faye, Leeds Beckett University, Leeds, United Kingdom

Eckardt Valeria, Witten/Herdecke University, Witten, Germany

Ehrlenspiel Felix, Technische Universität München, München, Germany

Elbanna Hatem, Bielefeld University, Bielefeld, Germany

Elbe Anne-Marie, Leipzig University, Leipzig, Germany

Emeka Lloyd, St Mary's University, London, United Kingdom

Englert Chris, University of Frankfurt, Frankfurt, Germany

Feitosa de Oliveira Bruna, Sao Paulo University "Julio de Mesquita Filho" - UNESP, Sao Paulo, Brazil

Feng Hao, Heilongjiang Provincial Hospital, Heilongjiang, China

Fesperman Ashlyn, Florida State University, Florida, USA

Fleming Daniel, University of Hull, Kingston Upon Hull, United Kingdom

Foti Rebecca, Florida State University, Florida, USA

Frenkel Marie Otilie, Hochschule Furtwangen, Furtwangen, Germany

Furley Philip, German Sport University Cologne, Cologne, Germany

Gearity Brian, University of Denver, Denver, USA

Gallicchio Germano, Bangor University, Bangor, United Kingdom

García González Pablo, University Pablo de Olavide, Sevilla, Spain

Gardner Frank L., Touro University, New York, USA

Gaudreault Félix, Université du Québec en Outaouais, Gatineau, Canada

Gollish Sasha, University of Toronto, Toronto, Canada

Greither Teresa, University Hospital Ulm, Ulm, Germany

Gerber Markus, University of Basel, Basel, Switzerland

Giannakou Ariande, Erasmus University Rotterdam, Rotterdam, Netherlands

Giannouli Vaista, Aristotle University of Thessaloniki, Thessaloniki, Greece

Ginoux Clément, University Grenoble Alpes, Grenoble, France

González-García Higinio, Universidad Internacional de La Rioja (UNIR), Logroño, Spain

Görgülü Recep, Uludag University, Bursa, Turkey

Gözmen Elmas Aydan, Marmara University-Faculty of Sport Sciences, Istanbul, Turkey

Granz Hanna, Olympic Training Centre Heidelberg, Heidelberg, Germany

Greblo Jurakić Zrinka, *University of Zagreb, Zagreb, Croatia*

Gröpel Peter, *University of Vienna, Vienna, Austria*

Guinto Maria Luisa M., *University of the Philippines Diliman, Quezon-Stadt, Philippines*

Hackfort Dieter, *Universität der Bundeswehr München, München, Germany*

Haerens Leen, *Ghent University, Ghent, Belgium*

Hall Craig, *Western University, London, Canada*

Hardy James, *Bangor University, Bangor, United Kingdom*

Hargreaves Elaine, *University of Otago, Dunedin, New Zealand*

Hassan Aly Omar Ebnelkhattab Aly, *Port Said University, Port Said, Egypt*

Herfet Melinda, *University of Bayreuth, Bayreuth, Germany*

Herrera Marcela, *University of Vic, Barcelona, Spain*

Hill Andrew, *York St John University, York, United Kingdom*

Hodges Nicola, *University of British Columbia, Vancouver, Canada*

Hurst Philip, *Canterbury Christ Church University, Canterbury, United Kingdom*

Hutter Vana, *Vu University Amsterdam, Amsterdam, Netherlands*

Hüttner Norman, *Friedrich Schiller University Jena, Jena, Germany*

Ionel Maria Stefania, *Babes-Bolyai University, Cluj-Napoca, Romania*

Janenes Sánchez José Carlos, *University Pablo de Olavide, Sevilla, Spain*

Johnson Urban, *Halmstad University, Halmstad, Sweden*

Jones Leighton, *Sheffield Hallam University, Sheffield, United Kingdom*

Kajtna Tanja, *University of Ljubljana, Ljubljana, Slovenia*

Karadağ Duygu, *Haliç University, Istanbul, Turkey*

Kawycz Simon, *Liverpool Hope University, Liverpool, United Kingdom*

Kekäläinen Tiia Marika, *University of Jyväskylä, Jyväskylä, Finland*

Kerr Gretchen, *University of Toronto, Toronto, Canada*

Khomutova Anastasiya, *University of Brighton, Brighton, United Kingdom*

Kiselev Nikolai, *PluSport Disability Sports Switzerland, Volketswill, Switzerland*

Knight Camilla, *Swansea University, Swansea, United Kingdom*

Kreinbacher-Bekerle Christoph, *University of Graz, Graz, Austria*

Kubitz Karla, *Towson University, Towson, USA*

Kupciw Dominika, *Amsterdam University of Applied Sciences, Amsterdam, Netherlands*

Leaf Thomas, *University of Toronto, Toronto, Canada*

Lefebvre du Grosriez Solène, *Université Grenoble Alpes: Laboratoire SENS (Sport et ENVironnement Social), Grenoble, France*

Loiseau Taupin Mildred, *École de technologie supérieure, Montréal, Canada*

López Walle Jeanette Magnolia, *Universidad Autónoma de Nuevo León, San Nicolás de los Garza, Mexico*

Louvet Benoît, *Université de Rouen, Rouen, France*

MacMahon Clare, *La Trobe University, Melbourne, Australia*

Macquet Anne-Claire, *French Institute of Sports, Paris, France*

Madigan Daniel, *York St John University, York, United Kingdom*

Mallinson-Howard Sarah, *York St John University, York, United Kingdom*

Mann David, *Vrije Universiteit Amsterdam, Amsteden, Netherlands*

Mauldin Kristin N., *California Baptist University, Los Angeles, USA*

McConnon Ann, *Uniformed Services University, Washington DC, USA*

Meade Mary Margaret, *Ulster University, Coleraine, United Kingdom*

Meijen Carla, *St Mary's University, London, United Kingdom*

Mercogliano Chiara, *Viterbo, Rome, Italy*

Milne Jennifer, *Dundee University, Dundee, United Kingdom*

Mirifar Arash, *University of Florida, Florida, USA*

Mohd Kassim Ahmad Fikri, *Universiti Teknologi MARA, Shah Alam, Malaysia*

Montesano Cristina, *University "G. d'Annunzio" of Chieti-Pescara, Pescara, Italy*

Montiel Corentin, *Université du Québec à Montréal, Montréal, Canada*

Munzert Jörg, *University of Giessen, Giessen, Germany*

Murgia Mauro, *University of Trieste, Trieste, Italy*

Myers Nicholas D., *Michigan State University, Michigan, USA*

Nahum Ohad, *The Academic College of Tel Aviv-Yaffo, Tel-Aviv, Israel*

Ntshangase Sibusiso, *South Africa*

Ohlert Jeannine, *German Sport University Cologne, Cologne, Germany*

Owen Robin, *Liverpool Hope University, Liverpool, United Kingdom*

Owens Robert, *Resolute Performance, PLLC, Greensboro, USA*

Panagi Thalia, *Clearmindpro, Nicosia, Cyprus*

Papathomas Anthony, *Loughborough University, Loughborough, United Kingdom*

Peng Bo, *The Chinese University of Hong Kong, Hong Kong, China*

Philips Darrell L., *University of Kansas, Kansas, USA*

Porter Jesse, *University of Toronto, Toronto, Canada*

Principe Francesca, *University of Toronto, Toronto, Canada*

Psychountaki Maria, *Sport psychology School of Physical Education, Greece*

Quartioli Alessandro, *University of Wisconsin - La Crosse, Wisconsin, USA*

Raab Markus, *German Sport University Cologne, Cologne, Germany*

Rachiotis Theodoros, *National and Kapodistrian University of Athens (EKPA), Athens, Greece*

Ramis Yago, *Autonomous University of Barcelona, Barcelona, Spain*

Ramos Serrano Zair Eduardo, *Sports Science Center (CCD), Cúcuta, Colombia*

Regös Rita, TH Deggendorf University of Applied Science, Deggendorf, Germany

Ring Chris, University of Birmingham, Birmingham, United Kingdom

Roberts Gareth, Universit of Bath, Bath, United Kingdom

Rossing Niels, Aalborg University, Aalborg, Denmark

Ruffault Alexis, National Institute of Sport, Expertise, and Performance (INSEP), Paris, France

Rumbold James, Sheffield Hallam University, Sheffield, United Kingdom

Russo Gabriele, University of Bologna, Bologna, Italy

Saemi Esmaeel, Shahid Chamran University of Ahvaz, Ahvaz, Iran

Scherzer Carrie, Mount Royal University, Calgary, Canada

Schweizer Geoffrey, Heidelberg University, Heidelberg, Germany

Seiler Roland, University of Bern, Bern, Switzerland

Shirazipour Celina, University of California, Los Angeles, USA

Sevdalis Vassilis, University of Gothenburg, Gothenburg, Sweden

Shaik Majidullah, University of British Columbia, Kelowna, Canada

Sheppard Mason, University of Windsor, Windsor, Canada

Sors Fabrizio, University of Trieste, Trieste, Italy

Sparks Katie, Staffordshire University, Stoke-on-Trent, United Kingdom

Stambulova Natalia B., Halmstad University, Halmstad, Sweden

Stephen Sarah, Heriot Watt University, Edinburgh, United Kingdom

Stoll Oliver, Martin-Luther University Halle-Wittenberg, Halle-Wittenberg, Germany

Sudeck Gorden, University Tübingen, Tübingen, Germany

Szekeres Zsolia, Cardiff Metropolitan University, Cardiff, United Kingdom

Tagliavini Ella, University of East London's UCFB (University Campus of Football Business), London, United Kingdom

Tamminen Katherine, University of Toronto, Toronto, Canada

Tan Lopez Michael David, University of Santo Tomas, Legazpi, Philippines

Taylor Ian, Loughborough University, Loughborough, United Kingdom

Treacy Alec, Florida State University, Florida, USA

Trottier Christiane, Université Laval, Québec, Canada

Van Meurs Edda, University of Münster, Münster, Germany

Vincze Andrada, University of Bucharest, Bucharest, Romania

Wachsmuth Svenja, Eberhard Karls University Tübingen, Tübingen, Germany

Walker Daniel, University of Bradford, Bradford, United Kingdom

Walter Nadja, University of Leipzig, Leipzig, Germany

Walton Courtney, University of Melbourne, Melbourne, Australia

Welsh Matthew, University of Chichester, Chichester, United Kingdom

Wensel Sophie, University of Toronto, Toronto, Canada

Werner Tabea, Johannes Gutenberg-University, Mainz, Germany

Willis Christopher, Center of Mental Excellence GmbH, Innsbruck, Austria

Wimshurst Zoe, AECC University College, Bournemouth, United Kingdom

Wolf Svenja, Florida State University, Florida, USA

Yu Lin, Bielefeld University, Bielefeld, Germany

Yukhymenko Mariya, California State University, Fresno, USA

Zhu Li Jing, Sigmund Freud University Vienna, Vienna, Austria

Zhang Xiao, University of Calgary, Calgary, Canada

Zimmermann Jane, Yale University, New Haven, USA

AWARD COMMITTEES

YOUNG RESEARCHER AND PRACTITIONER AWARD COMMITTEE

Markus Raab, *German Sport University
Cologne, Cologne, Germany*

Cecilie Thøgersen-Ntouman, *University
of Southern Denmark, Odense,
Denmark*

Katherine Taminnen, *University of
Toronto, Toronto, Canada*

Den Hartigh, *University of Groningen,
Groningen, Netherlands*

Leslie Podlog, *University of Montreal,
Montreal, Canada*

Joanne Butt, *Liverpool John Moores
University, Liverpool, United Kingdom*

Michala Bednarikova, *Private Practice/
FEPAC MC, Bratislava, Slovakia*

Sebastian Brueckner, *Private practice,
Muenster, Germany*

Maurizio Bertollo, *University "G.
d'Annunzio" of Chieti-Pescarara, Chieti,
Italy*

SCIENCE AND APPLIED SLAM COMMITTEE

Sylvain Laborde, *German Sport
University Cologne, Cologne, Germany*

Peter Haberl, *Colorado Springs, United
States*

Andrea Keplinger, *Berufsverband
Österr. PsychologInnen (BÖP), Vienna,
Austria*

IMPRINT

Center of Mental Excellence GmbH

Dr. Dr. Christopher Willis

Schöpfstrasse 39, A-6020 Innsbruck

AUSTRIA, EUROPE

www.coachingperformance.org

E-Mail: office@coachingperformance.org



MENTAL EXCELLENCE

FEPSAC

European Federation of
Sport Psychology (IVZW)

Grasmarkt 105/39 (c/o EFPA)

Agora Galerij, 1000 Brussels

BELGIUM, EUROPE

www.fepsac.com

Email: office@fepsac.com



Layout

carpemedi GmbH

Finkenbergrweg 36, A-6020 Innsbruck

AUSTRIA, EUROPE

www.carpemedi.at

Print

druck.at Druck- und Handelsgesellschaft mbH

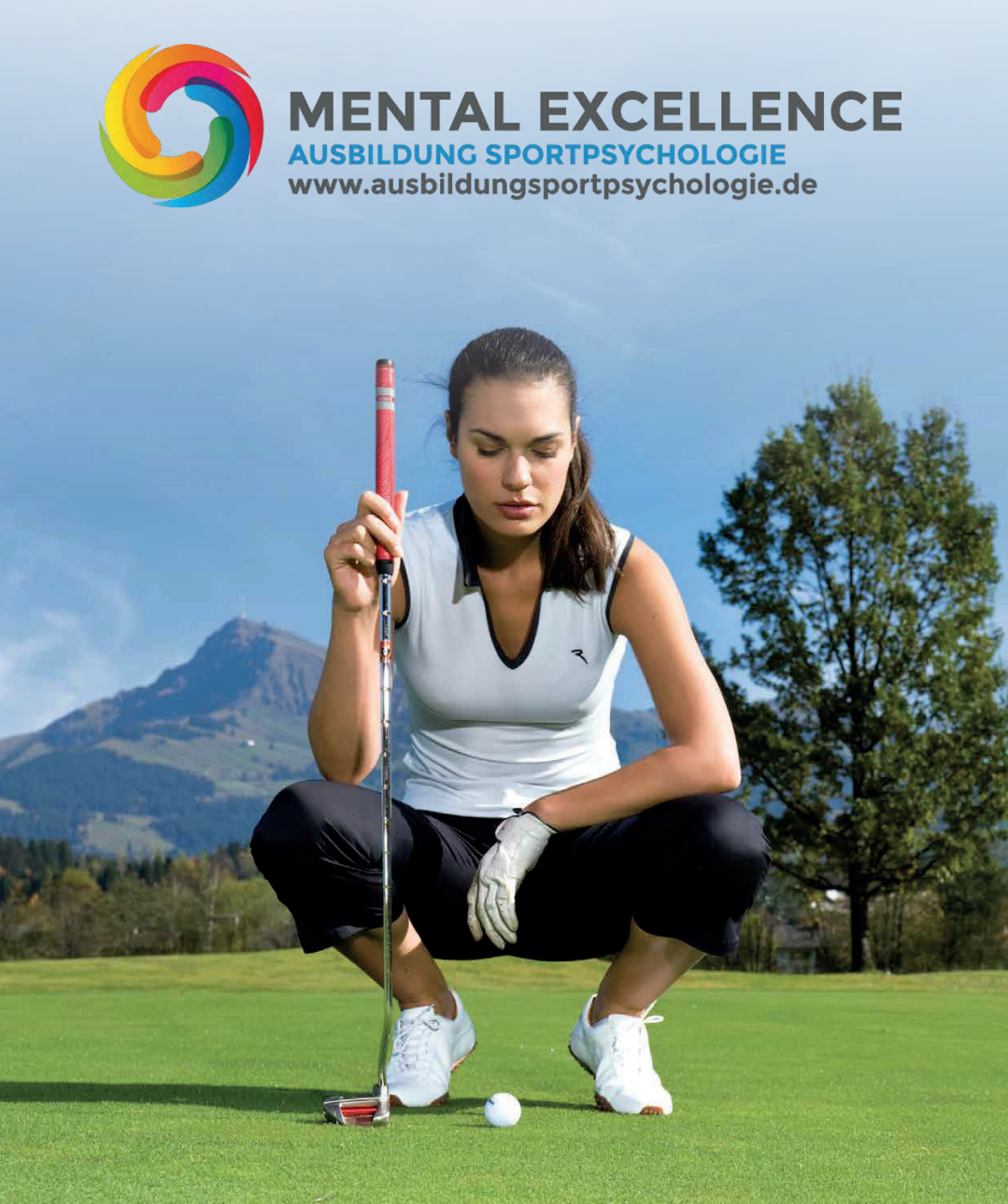
2544 Leobersdorf

AUSTRIA, EUROPE

www.druck.at



MENTAL EXCELLENCE
AUSBILDUNG SPORTPSYCHOLOGIE
www.ausbildungsportpsychologie.de



Profis brauchen Profis

In Kooperation mit der Arbeitsgemeinschaft für Sportpsychologie (asp)

Basislehrgang zur Aufnahme in die Expertenlisten zur
Betreuung von olympischen Sportarten und im Profifussball.

Lehrgänge für „Sportpsychologisches Training & Coaching im Leistungssport“ (Nachwuchs und Elite)

Zielgruppe

Psychologen, Psychotherapeuten,
Psychiater, Sportwissenschaftler und
Gasthörer aus dem Spitzensport,
die ihre Handlungskompetenz
erweitern wollen

Termin

Beginn der Lehrgänge im
Frühling, Herbst und Winter

Orte

Raum München, Köln und Wien

Leitung

Dr.Dr. Christopher Willis

INFORMATION

Center of Mental Excellence GmbH

Lehrgangssekretariat Modulserie

„Sportpsychologisches Training & Coaching im Leistungssport“

office@ausbildungsportpsychologie.de

www.ausbildungsportpsychologie.de



MENTAL EXCELLENCE

PERFORMANCE COACHING
FÜR MUSIKER, SÄNGER, TÄNZER
www.coachingartists.org

WWW.COACHINGARTISTS.ORG



MENTAL EXCELLENCE

PERFORMANCE COACHING
www.performancecoaching.org

WWW.COACHINGSPECIALFORCES.COM